

Guideline for Breastfeeding Initiation and Support

RESOURCES

BREASTFEEDING SUPPORT RESOURCES

La Leche League International 800-LA-LECHE

La Leche League volunteers answer questions and refer callers to local La Leche League leaders. You can also call (847) 519-7730 or visit www.lalecheleague.org and enter your local zip code for automatic referral to a leader near you.

International Lactation Consultant Association

Visit <http://www.ilca.org/find/index.php> to locate a board-certified lactation consultant near you.

Nursing Mothers Council 617-244-5102

NMC provides telephone counseling, pump rentals and sales, consultations and referrals, and home visits (on a limited basis, small fee may apply).

Massachusetts WIC 800-WIC-1007
Nutrition Program

WIC provides nutrition and breastfeeding counseling, nutritious foods, and health and social service referrals to eligible women, infants, and children. Call to be directed to a local WIC program in your area.

Massachusetts Breastfeeding Coalition

Visit www.massbfc.org for breastfeeding information, patient materials, clinical guidelines and an on-line Breastfeeding Resource Guide, including local breastfeeding support programs.

The Center for Breastfeeding: 1-508-888-8044

Healthy Children Project

Provides breastfeeding classes, support groups, and a breastfeeding warm line (1-888-890-2229) to mothers and professionals on Cape Cod and Islands.

National Women's Health Information Center

Visit www.4women.gov for excellent breastfeeding education materials and professional references.

DRUG INFORMATION SERVICES

Lactation Studies Center 585 275-0088
University of Rochester

University of California at San Diego
Drug Information Service 619 543-6971

BREASTPUMP RENTAL COMPANIES

Ameda-Egnell/Hollister 800 323-8750
Medela, Inc. 800 435-8316

SOURCES FOR EDUCATION MATERIALS

WIC Nutrition Program 800 WIC-1007
Childbirth Graphics 800 299-3366
Noodle Soup 800 795-9295
Health Education Associates 508 888-8044
Lactation Associates 781 893-3553
La Leche League International 847 519-7730

BREASTFEEDING EDUCATION FOR PROFESSIONALS

Center for Breastfeeding 508 888-8044
Nursing Mothers Council 617 244-5102
Lactation Associates 781 893-3553
La Leche League Intl 847 519-7730
Academy of Breastfeeding 609 799-4900
Medicine (toll free) 877 836-9947

PROFESSIONAL RESOURCES

Academy of Breastfeeding: Clinical Protocols.
www.bfmed.org

The Breastfeeding Answer Book
Mohrbacher N, Stock J: 2003, Schaumburg, IL: La Leche League, International

Committee on Drugs, American Academy of Pediatrics. The transfer of drugs and other chemicals into human milk. *Pediatrics* 2001; 108:776-789.
www.aap.org/policy/0063.html

Medications and Mothers Milk
Hale T: 2004, Amarillo, TX: Pharmasoft Publishing